



December Events

- Sun 12/1: High Vibers Women's Group, 1:30-3pm
- Thur 12/12: Journey Circle, 6:00-7:30pm
- Sat 12/14: Messages from the Heart, 10am-12pm
- Sun 12/15: Consciousness Raising Healing Circle, 2-3:30pm
- Tue 12/17: Breathwork Ceremony, 6-7:30pm
- Fri 12/20: Frequency Friday Service Specials, 5:30-7:30pm
- Fri 12/20: Winter Solstice Ceremony, 8-9pm
- Mon 12/23: Reiki Exchange ~ Healing for Healers, 7-8:30pm
- Mon 12/30: Energetic Renewal (*AcuDetox, Sound, Breathwork*), 6-8pm

Take Good Care this
Holiday Season

CLOSED DEC 24 & 25



**HOLISTIC HEALTH CARE
CLINIC HOURS**

Tues/Thurs: 5-8pm

Wed: 10am-4pm

Fri/Sat: 10am-1pm

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